## **Metabolic Balance**

## **Directions to Metabolic Balance**

## **Metabolic Balance**

712 D Street, Suite J San Rafael, CA 94901

(415) 457-1363 Fax (415) 457-1222 info@meta-balance.com www.meta-balance.com

Metabolic Balance is located inside the offices of Precision Chiropractic.

## **Directions**

Metabolic Balance is on D Street in central San Rafael, halfway down the left side of the first block below 2nd Street.

- From Highway 101, take the Central San Rafael exit
- Turn onto **3rd Street** (turn *left* if coming from the south, or *right* if coming from the north) and drive approximately 7-8 blocks
- Turn left on **D Street**
- Stay in the left lane, cross over 2nd Street, then turn left under the green awning just past Kragen Auto Parts (the awning, which is marked 712 D St Medical, is partly hidden behind some trees, but is *immediately* after a sign saying "Two Way Traffic Ahead")
- Drive in under the archway, and park in any available space
- Note: if you miss the green awning, drive to the end of the block; at the stop sign you will be forced to turn left onto 1<sup>st</sup> Street (note: unlike 2<sup>nd</sup> and 3<sup>rd</sup> Streets, 1<sup>st</sup> Street is *not* a one-way street, so turn into the far lane); just around the corner, turn left into the large parking lot; you are now facing my building, two-story and vanilla colored with blue-grey trim, with bougainvillea climbing up the front.

**Suite J** is *upstairs on the second floor*, looking down on the small patio. Walk up one of the two outside stairways, or take the elevator immediately next to the archway under which you drove in. *Remember that Metabolic Balance is located inside the offices of Precision Chiropractic.*